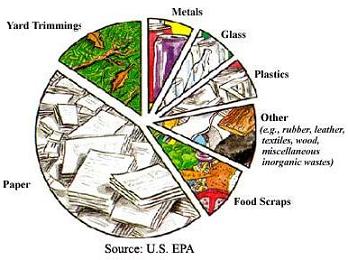
## [Benefits Of A Worm Farm With Worm Composting](http://www.worm-farming.org/worm-farm/benefits-of-a-worm-farm-with-worm-composting/" \o "Permalink to Benefits Of A Worm Farm With Worm Composting)

What are the major benefits of a **worm farm**?  It is a great way to recycle waste, it enriches gardens and plant soil, it provides other animals with food and it is an excellent project to do with the kids.

Having a worm farm is a way to recycle food scraps and other non-food waste.  Fruits, vegetables and starchy food scraps like bread, pasta and oatmeal are good to feed the worms.  Hair cuttings, leaves, paper items, cotton rags and soaked cardboard are things that can be fed to worms. About one-third of household waste can easily end up being recycled by worm farms.  This is one of the greatest advantages of a worm farm.

A worm farm will produce a wonderfully rich soil that benefits gardens, plants, flower beds and lawns.  Worm composting is like a wonder-drug for growing things.  Plants and gardens flourish with this worm compost (vermicast) from the worm farm.    In turn the economy will get a boost by selling equipment and other supplies that will be needed in order to maintain land on the farm.  An important factor with a worm farm is that you are getting a soil free from chemicals.  Many other products on the market that you buy have been treated with chemicals.

House hold waste Worm Castings are chemical free

[](http://www.wormcompostinghq.com/pictures/img_1724/)

Worms, when in their natural underground environment, will till, aerate, and fertilize the soil. Worms will also get rid of organic waste and turn it into fertilizer rather than letting it just rot into the earth. Worms have been doing wonderful things for our environment for thousands of years, but they are being slowly killed off by all of the chemicals that people put into the earth in order to grow food. Worm farming is a way to help to repopulate the worms in the earth, and can help to save the environment.